

# NATIONAL KARATE SCHOOLS INTRAMURAL

## Youth, Teen & Adult Divisions

| <b>BASICS - Performance Division</b>    | <b>Time</b> | <b>Ring</b> | <b>FORM &amp; SPARRING - (cont.)</b> | <b>Time</b> | <b>Ring</b> |
|---|-------------|-------------|--------------------------------------|-------------|-------------|
| 8 -17 Yrs. White Boys & Girls           | 5:00        | 15          | 9-10 Gold & Green Boys               | 5:00        | 23          |
| 18 & Up White Men & Women               | 6:30        | 15          | 9-10 Purple Stripe Boys              | 5:00        | 24          |
|   |             |             | 9-10 Gold thru Purple Stripe Girls   | 5:00        | 28          |
| <b>BASICS - Performance Division</b>    |             |             | 9-10 Purple Boys                     | 5:00        | 25          |
| 8 -17 Yrs Gold & Up Boys & Girls        | 5:45        | 15          | 9-10 Blue Stripe Boys                | 5:00        | 26          |
| 18 & Up Gold & Up Men & Women           | 6:30        | 15          | 9-10 Purple & Blue Stripe Girls      | 5:00        | 28          |
|   |             |             | 9-10 Blue Boys                       | 5:00        | 27          |
| <b>WEAPONS- Shee Hyung Bo</b>           |             |             | 9-10 Red Stripe Boys                 | 5:00        | 21          |
| 8 & Under Boys                          | 6:15        | 16          | 9-10 Blue & Red Stripe Girls         | 5:00        | 29          |
| 8 & Under Girls                         | 6:15        | 19          | 10 & Under Red & Brown Stripe Boys   | 5:00        | 21          |
| 9-10 Yrs. Boys                          | 6:15        | 23          | 10 & Under Red & Brown Stripe Girls  | 5:00        | 29          |
| 9-10 Yrs. Girls                         | 6:15        | 28          | 11-12 Gold thru Purple Stripe Boys   | 6:45        | 16          |
| 11-12 Yrs. Boys                         | 6:15        | 16          | 11-12 Gold thru Purple Stripe Girls  | 6:45        | 17          |
| 11-12 Yrs. Girls                        | 6:15        | 20          | 11-12 Purple & Blue Stripe Boys      | 6:45        | 18          |
| 13-17 Yrs. Boys                         | 6:15        | 24          | 11-12 Purple & Blue Stripe Girls     | 6:45        | 17          |
| 13-17 Yrs. Girls                        | 6:15        | 27          | 11-12 Blue & Red Stripe Boys         | 6:45        | 19          |
| 18-34 Yrs. Men                          | 6:15        | 28          | 11-12 Blue & Red Stripe Girls        | 6:45        | 20          |
| 18-34 Yrs. Women                        | 6:15        | 28          | 11-12 Red & Brown Stripe Boys        | 6:45        | 23          |
| 35 & Up Men                             | 6:15        | 29          | 11-12 Red & Brown Stripe Girls       | 6:45        | 20          |
| 35 & Up Women                           | 6:15        | 29          | 13-17 Gold thru Brown Stripe Boys    | 6:45        | 27          |
|   |             |             | 13-17 Gold thru Brown Stripe Girls   | 6:45        | 25          |
| <b>FORM &amp; SPARRING</b>              |             |             | 18-34 Gold thru Brown Stripe Men     | 6:45        | 28          |
| 8 & Under Gold thru Purple Stripe Boys  | 5:00        | 16          | 18-34 Gold thru Brown Stripe Women   | 6:45        | 29          |
| 8 & Under Gold thru Purple Stripe Girls | 5:00        | 17          | 35 & Up Gold thru Brown Stp Men      | 6:45        | 28          |
| 8 & Under Purple & Blue Stripe Boys     | 5:00        | 18          | 35 & Up Gold thru Brown Stp Women    | 6:45        | 29          |
| 8 & Under Purple & Blue Stripe Girls    | 5:00        | 19          |                                      |             |             |
| 8 & Under Blue & Red Stripe Boys        | 5:00        | 20          |                                      |             |             |
| 8 & Under Blue & Red Stripe Girls       | 5:00        | 19          |                                      |             |             |

***Divisions will be split by age and rank***